

Impact Gymnastics Academy- School Year Schedule 2024-2025

September 3rd 2024 – June 14th 2025

Coed Preschool Gymnastics Program

Walking to Age 3- Parent and Tot Class

Monday	5:00 – 5:45
Tuesday	9:30 – 10:15
Wednesday	10:30 – 11:15
Saturday	8:15 – 9:00
Saturday	11:15 – 12:00



Ages 3-5 Years

Monday	4:00 – 4:45	Wednesday	4:30 – 5:15
Monday	6:00 – 6:45	Wednesday	5:15 – 6:00
Tuesday	8:30 – 9:15	Thursday	9:00 – 9:45
Tuesday	10:30 – 11:15	Thursday	10:00 – 10:45
Tuesday	4:30 – 5:15	Friday	3:45 – 4:30
Tuesday	5:30 – 6:15	Friday	4:45 – 5:30
Wednesday	8:30 – 9:15	Friday	5:45 – 6:30
Wednesday	9:30 – 10:15	Saturday	9:15 – 10:00
Wednesday	3:30 – 4:15	Saturday	10:15 – 11:00

Girls Recreational Gymnastics Program

Recreational Gymnastics (5-8yrs)

Monday	4:00 – 5:00	Thursday	6:45 – 7:45
Monday	4:30 – 5:30	Friday	3:30 – 4:30
Monday	5:15 – 6:15	Friday	3:45 – 4:45
Wednesday	3:30 – 4:30	Friday	4:30 – 5:30
Wednesday	4:00 – 5:00	Friday	4:45 – 5:45
Wednesday	4:45 – 5:45	Saturday	8:00 – 9:00
Wednesday	6:00 – 7:00	Saturday	9:15 – 10:15
Wednesday	6:15 – 7:15	Saturday	12:15 – 1:15
Thursday	4:00 – 5:00	Saturday	12:30 – 1:30
		Saturday	1:15 – 2:15

Recreational Gymnastics (8+yrs)

Monday	5:45 – 6:45	Friday	3:30 – 4:30
Monday	7:00 – 8:00	Friday	6:45 – 7:45
Tuesday	7:15 – 8:15	Friday	7:00 – 8:00
Wednesday	7:00 – 8:00	Saturday	10:30 – 11:30
		Saturday	1:30 – 2:30

Girls Stars Program

Little Stars (4-6yrs)

by coach recommendation only

Tuesday	4:15 – 5:15
Thursday	4:15 – 5:15
Thursday	5:30 – 6:30
Friday	6:00 – 7:00

Shooting Stars (7+yrs)

by coach recommendation only

Monday	6:30 – 8:00
Tuesday	5:30 – 7:00
Tuesday	6:30 – 8:00
Wednesday	4:15 – 5:45
Friday	5:00 – 6:30
Saturday	8:30 – 10:00

Stars Open Team (9-13yrs)

by coach recommendation only

Wednesday	6:00 – 8:00
Saturday	10:15 – 12:15



Boys Gymnastics Program

Recreational Gymnastics (5-8yrs)

Tuesday	3:45 – 4:45
Tuesday	5:00 – 6:00
Thursday	3:30 – 4:30
Thursday	4:45 – 5:45
Saturday	8:00 – 9:00

Recreational Gymnastics (8+yrs)

Monday	7:00 – 8:00
Thursday	6:00 – 7:00

Boys Advanced (8+yrs)

by coach recommendation only

Thursday	5:15 – 7:15
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Coed Gymnastics Programs

Home-school classes

Tuesday (5-7yrs)	12:15 – 1:15
Tuesday (8+yrs)	12:15 – 1:15
Thursday (4-7yrs)	11:15 – 12:15
Thursday (8+yrs)	12:30 – 1:30

Special Programming

Special Athletes	Saturday	11:30 – 12:30
Tramp and Tumbling	Thursday	7:30 – 8:30 (drop in)



2024 – 2025 Impact Pricing / Discounts

45- minute class 1 x per week:	\$80.00 monthly
1-hour class 1 x per week:	\$87.50 monthly
1.5 hour class 1 x per week:	\$115.00 monthly
2-hour class 1 x per week:	\$155.00 monthly
*Annual Registration fee of \$40 per student	

Impact Gymnastic Academy

Ph: 603-219-0343
 e-mail: staff@impact-gymnastics.com
 web: www.impact-gymnastics.com